

PREPARING FOR PERMANENT MAKEUP TREATMENTS

Please read carefully - Vital Information

We only use the very finest, sterile pigments available. They **DO NOT** contain Iron Oxide and are MRI SAFE. Even though we combine this with the most advanced application techniques for our permanent makeup procedures. Some of these procedures need to be repeated because the original application can fade anywhere from 25% - 65%. Individual chemical and genetic makeup can affect the final result.

We cannot accurately predict how much fading you might experience with your procedure.

We sincerely hope that you are one of those lucky individuals who get perfect results with only one application, but this cannot be guaranteed. Please remember that the amount of pigment you retain or lose after your initial application is not a reflection of the quality of work. In case your procedure must be repeated, you have to wait at least 21 days for the date of your original application.

*****UNDER NO CIRCUMSTANCES CAN AN APPLICATION BE REPEATED WITHIN A TIME FRAME OF LESS THAN 21 DAYS** - The tissue is not ready to absorb new pigment

- Please contact Daniela at DanielasCosmetics@gmail.com if you are on any medications for a serious Medical condition, If you have any allergies to pigments or dyes, if you have ever had an **allergic reaction to a previous tattoo**, or if you are prone to **keloid scarring**. In some cases you may need a doctor's permission to move forward with a treatment. You may not receive treatment while you are **pregnant**. If you (the client) has ever had a **cold sore or fever blister and are interested in the LIP treatment**, then you must get a prescription from your doctor, enough for total of 2 or maybe 3 procedural applications (4 wks apart). The three most commonly prescribed drugs for this are Zovirax, Famvir and Valtrex. Typically the regime to follow would be to start taking the medication 3-4 days prior, during and after your procedure. If you are unsure if you are a qualified candidate for services, please contact Daniela through DanielasCosmetics@gmail.com!

*******When scheduling an appointment date for a permanent makeup procedure, keep in mind the healing time of the procedure. You will need a few days afterward without social plans or strenuous activity. Get ahead on your dirty work - no lawn mowing or chores that will get dirt/ bacteria on the healing area. Do not have a procedure right before going on vacation because 1) you need healing time - you will not look like you had a makeover at the mall, 2) you may not be able to avoid sun, wind, or other items listed in post-care instructions, 3) if you had a question or permanent makeup problem it would be best to be near your permanent makeup artist and local physician. Do not wear your good clothes for the procedure because pigment might splatter on them. Pigment washes out of most clothes, but not your favorite ones. Wear something comfortable. We have heated throw blankets if you get cold easily.

- On the day of your treatment, please be sure not to take any blood thinners such as **Aspirin, Ibuprofen, caffeine, multi-vitamins, or Omega fish oil** supplements. Try not to consume **coffee, kale or spinach** a day or so beforehand. Antihistamines like Benadryl taken before the procedure may reduce swelling and help you relax if you have bad anxiety. Benadryl also helps eyes not be so watery during eyeliner procedures. Watery eyes can dilute the pigment that is being implanted. Permanent eyebrow swelling is mild and barely noticeable. Permanent eyeliner swelling is moderate. Permanent lip color swelling is severe.

- Please **remove all makeup, lotions, and tanners** on the area to be treated.

- Make sure you **do NOT have travel plans for the next week following your treatment**. We consider the area to be an open wound that will not be wearing a protective barrier, so we advise all of our clients not to travel or go to a public place that puts your open wound at risk for infection. This includes **amusement parks, picnics, airports, or unsanitary work environments**.

- Do not go to a **Sauna, steam room, or tanning bed** afterward

- Do not **workout or sweat for at least 4 or 5 days** following your treatment.

- If your treatment area seems too itchy, you may apply a **hydrocortisone** cream to the area for relief.
- The technician will provide you with an ointment to use for a week. **Apply with a clean Q-tip, not your fingers.**

Use only what the technician gives you. Leave the tattooed area exposed to the air so that it can begin to heal but keep the area moist with the ointment given to you until the healing is complete. It takes about a week (usually 7-10 days) for a tattoo to heal on the surface. Healing is still occurring an additional 2-3 weeks beneath the skin. For at least 7-10 days, you should not apply cosmetics over the area and NO PEROXIDE or other creams!!!

- The lips will get chapped and the brows may develop a little scab, but be sure that you do not peel off that area! If it flakes, let it flake off by itself. If you peel it off, the pigment comes off with it. It is also advised not to “look” in the mirror for at least a week (two is better). You will find something to “pick” or “criticize”, and the complete finished look should not be judged during this healing time. First, you will worry that the color is too dark. Then, you will get used to the darker look. A good procedure is knowledge and proper aftercare, not luck!

Special instructions FOR EYES:

*Make sure to bring your prescription glasses (if prescribed contact lenses are worn daily or needed) – You must remove contact lenses before procedure and cannot put contact lenses back in until 24 hours after procedure.

*Bring sunglasses to wear home. Eyes may be light sensitive. It is always a good Idea to bring someone to drive you home from your appointment in case swelling and eye sensitivity is too intense.

*Do not dye or perm lashes for 2 days prior.

*Do not use eyelash curler the day of the procedure.

*If you have had any type of eye surgery, consult with the physician about how long you should wait before having a permanent eyeliner procedure. Most physicians are giving a 2 month ok after cataract, lasik, and blepharoplasty.